

THE SETTING

Join us for a relaxing knitting getaway in the redwoods by the California coast!



The 2025 retreat marks the sixteenth retreat and the fourteenth held at St. Dorothy's Rest, which sits between the Russian River and Occidental in Camp Meeker, 1 ½ hours north of San Francisco.

This year to allow more students to have private rooms, we'll spread out between lovely old Lydia and the newer Miriam House. All rooms exude a simple charm and share clean, tidy baths. The meals are hearty, seasonal, and locally sourced.

During your free time, take a stroll in the woods, pop into Occidental, or just hang out and knit! Noteworthy nearby yarn shops to visit before or after the retreat include Cast Away in Santa Rosa, Fiber Circle Studio and Dharma Trading in Petaluma, Black Squirrel in Berkeley, ImagiKnit in Berkeley and SF, Firebird Yarns in SF, Coven of Stitches on Alameda, and Royal Bee in Pacifica.



THE ORGANIZER & TEACHERS



Thea Gray loves sharing the joys of knitting. She began knitting about 40 years ago and has taught knitting for more than 20 years. The founder of Knitting on the Coast retreat, she is known for her bountiful patience.

One student summed it up this way: "Not only is Thea a patient and thorough teacher, she's enthusiastic and skilled in many different knitting techniques. She's helped me go beyond merely following patterns."



Rita Rodriguez has made jewelry for more than 25 years. This year she'll share her expertise by teaching us to make an awesome cable needle ring and a stitch holder pin.



Kathy Fugitt is a fun, fearless, multi-crafty artisan—spinner, dyer, knitter, weaver, quilter, ceramicist, and more. Some of her creations can be found on at [fugittforms](https://www.instagram.com/fugittforms) on Instagram.

A FEW RETREAT REVIEWS

"Excellent teaching. Restored my interest in taking classes, after a couple of bad experiences."

"The location was beautiful, food was great, teaching was great!"

"I loved everything. I appreciate so much all the energy put into the retreat. I loved all the classes and teachers."

"I had such a great time! Thanks for all the hard work you put into such a fun weekend."

Photos © Thea Gray, Pearl Tealer, and Iriglesia of Mariana Morfosi

KNITTING ON THE COAST

2025 Knitting Retreat at St. Dorothy's Rest in Camp Meeker, California



Friday to Monday, March 7-10, 2025

For more information:

www.knittingonthecoast.com

knitOrama on Ravelry

thea@theagray.com

415-794-4527

RETREAT OVERVIEW

Geared to advanced beginner and intermediate knitters, **Knitting on the Coast** retreats offer a relaxed, supportive setting for you to stitch.

The theme of the 2025 Knitting on the Coast Retreat is something we could all use...a little rejuvenation.

Our inspiration comes from the uroboros, an ancient Greek and Egyptian symbol of a serpent eating its tail, often interpreted as a symbol for eternal cyclic renewal and rejuvenation. Also, in early 2025 we will transition from the Chinese zodiac Year of the Dragon to that of the Snake. People born under the sign of the snake are considered deep thinkers possessing a sharp wit and a keen eye for detail—which sounds like a lot of knitters we know.

This retreat, geared to adventurous beginners and intermediate knitters seeking a relaxing getaway, offers many opportunities for rejuvenation.



Meet new friends and find inspiration at **stitching socials**; create your own unique and beautiful **crockpot-dyed yarn** (left); get tips for **gorgeous cables** (middle)—including how to cable without a needle; find out how to **finesse your finishing**; and have a helluva lotta fun hammering at metal to make a **cable needle ring and stitch holder pin** à la Materia Morfosi (right).

Plus, of course, you can experience true solitude among the tall, peaceful redwoods, take a refreshing walk along the coastline, eat fresh, tasty, hearty food at every meal, and enjoy company that's smart, fun, and fabulous. And did we mention the optional extra, a chair massage? Rejuvenation indeed!

We hope you will join us this March!

THE SCHEDULE

Friday, March 7

- 3:30-5:00PM **Arrival at St Dorothy's Rest**
- 5:30-6:15PM **Orientation and initial introductions**
- 6:00-7:00PM **Dinner**
- 7:30-9:00PM **STITCH 'N BITCH: SHOW AND TELL** Get to know attendees, sharing stories and projects.

Saturday, March 8

- 8:00-9:00AM **Breakfast**
- 9:00AM-NOON **MAKE YOUR OWN KNITTING TOOLS**
Rita will lead us through making two tools, a cable needle that looks like a snake and can be worn as a ring *and* a stitch holder/marker that can be worn as a pin and hold the cable needle. Both are inspired by an Etsy artisan, Eugenia of Materia Morfosi.
- 12:30-1:30PM **Lunch**
- 1:30-4:30PM **CABLE MAGIC** If you've never knit a cable, you might think it's really hard...magic, even. It's not, but there are ways to make your cables look better. Thea will teach these, plus cabling without a needle (tho now you'll have a cable ring!) and fixing mistakes rows later.
- 6:00-7:00PM **Dinner**
- 7:00-9:00PM **SnB: PROJECT & YARN WHISPERING** We'll help you with your UFO or skein ISO a project.
- 9:00-10:00PM **S'mores under the stars**

Sunday, March 9

- 8:00-9:00AM **Breakfast**
- 9:15-12:15PM **Nature walk or free time**
- 12:30-1:30PM **Lunch**
- 2:00-5:00PM **DYE YOUR OWN YARN!** Have you ever swooned at a skein of hand-dyed yarn and then nearly passed out at its price? Kathy will teach us to how to create cool hand-dyed effects that you can then play with at home.
- 6:00-7:00PM **Dinner**
- 7:00-9:00PM **STITCH 'N BITCH: SWAP!** Bring something to swap. The optional extra: a chair massage!

Monday, March 10

- 8:00-9:30AM **Breakfast followed by group photo**
- 10:00AM-NOON **CIRCLING BACK TO FINISHING** Thea will teach you how to make your knitting look more polished, plus how to fix some common issues by tinking, frogging, and more.
- 12:30-1:30PM **Lunch and goodbyes**

SIGN UP

The **2025 Knitting on the Coast** fees include instruction for all classes, some materials (students will need to bring some supplies, too), 9 meals (from dinner Friday through lunch on Monday), and 3 nights' accommodations. Total fees are \$785 for a shared room and \$985 for one of the 5 private rooms.

We are arranging for on-site massages and, potentially, a yoga class, too. These optional extras will be payable on site.

Attendees must test for COVID before arrival if requested.

More info is at www.theagray.com/knitting/retreat_2025.html.

To sign up: **1.** Send an email to thea@theagray.com to hold a place at the retreat. **2.** You will receive an email confirming your place is being held and providing the address to which payment should be sent. **3.** Within a week, complete and mail this form and a check (check is preferred over PayPal, etc).

Name _____

Address _____

City _____ State _____ ZIP _____

Phone (pref mobile) _____

Email _____

Retreat fee, based on room type preference:

Guest room with 1 other person (**\$785**)

Private room (5 available, **\$985**)

Add \$20 for a crockpot for dyeing (you keep!) or BYO:

Check number: _____ **for TOTAL: \$** _____

Initial to attest: "The day of the retreat I will test for COVID before arrival if requested."

Retreat registration requests

Best efforts will be made to accommodate all lodging requests; if requests cannot be met, prices will be adjusted accordingly. Individuals who do not specify a roommate will have one assigned.

I want to share a room with the following student: _____

Please make my meals vegetarian vegan.

I am allergic to the following ingredients: _____
