

The Setting

Join us for a relaxing knitting getaway among the redwoods by the California coast! This year's retreat will be held at the Land of Medicine Buddha, situated among the cool beautiful redwoods, near the coasts of Capitola and Santa Cruz.

You'll have your choice of simple, cute rooms with private en-suite bathrooms or cozy yurts and tent platforms nestled in the trees with shared full baths.

Students may stay on their own or share with one or more fellow students—and may even bring a friend while space allows.



With the exception of dinner at an omnivore's restaurant on Saturday night, we'll be treated to delicious, seasonal organic vegetarian meals from Friday night through Sunday lunch.

During your free time, take advantage of the optional additional offerings such as a birding hike, yoga, or morning meditation—or just take it easy and enjoy a stroll in the adjacent Forest of Nisene Marks State Park, a massage, a sauna, or a dip in the pool.

Lots of cool knitters and a beautiful setting.

*What more could you want
on a nice fall weekend?*

The Teacher

Thea Gray teaches knitting at BookShop West Portal in San Francisco. She began knitting in third grade and has barely stopped since, even flying 6000 miles in a weekend to polish her couture techniques. Known for bountiful patience, Thea loves teaching the joys of knitting.



Thea (L) with author Karen Solomon

Thea creates a warm, welcoming environment, in which I feel very comfortable asking for clarification or repetition. She's a great listener, and creatively adjusts her teaching style to the needs of her students, depending on their level of experience.

— Jenny, MLA

Not only is Thea a patient and thorough teacher, she's enthusiastic and skilled in many different knitting techniques. She's helped me go beyond merely following patterns.

— Rachella, freelance writer and editor

Thea's terrific! She's not only knowledgeable but also incredibly patient with all our mistakes. Her humor and demeanor make both the classes and the drop-ins a great experience.

— Jeanne, rookie knitter

Retreat and Host Policies

Retreat registration is currently limited to 12. At a minimum, all participants must be able to cast on, knit and purl (and distinguish between the two by sight), and bind off. Places will be available on a first-come, first-serve basis and will be confirmed once full payment of retreat and accommodation fees is received.

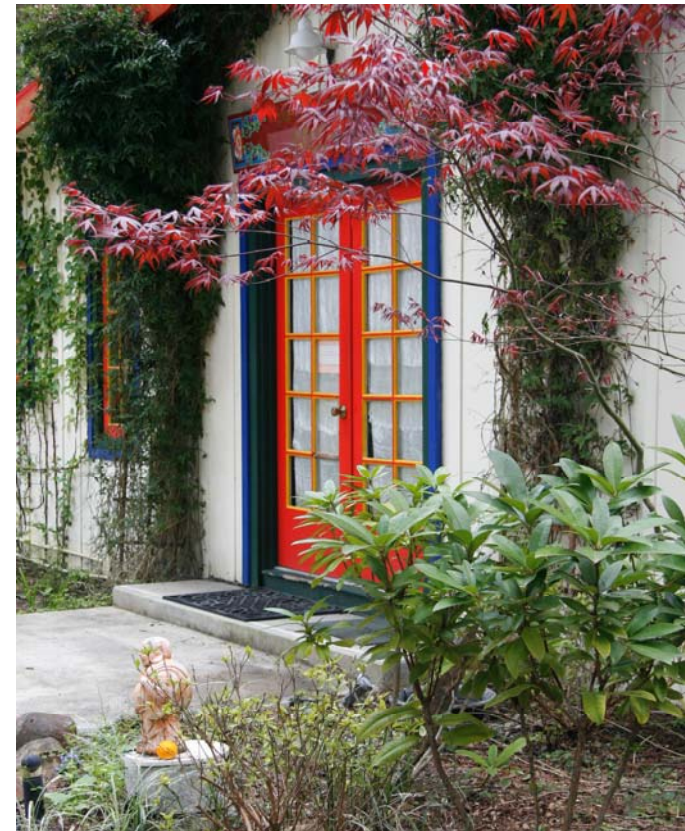
A waiting list will be maintained once all spots are filled. Should a registrant be unable to attend and the cancellation is received on or before Friday, July 31, 2010, a full refund less a \$50 cancellation fee will be available. No refunds will be available after that date.

Our host organization, Land of Medicine Buddha, requests that people observe their five precepts while on-site: no killing (includes insects); no lying; no stealing (borrowing without asking permission); no sexual misconduct (any sexual activity that will cause suffering to another being; no intoxicants (includes alcohol, drugs, and cigarettes).

Knitting on the Coast



**A Knitting Retreat in Soquel, Calif
September 24–26, 2010**



For more information, connect to:

www.theagray.com/knitting
knitOrama on Ravelry
thea@theagray.com
415-794-4527

2010 Retreat

Geared to advanced beginners and intermediate knitters, this weekend retreat provides both formal classes and an informal knitting clinic where you can get answers to your knitting bugaboos.

“Why, sometimes I’ve believed as many as six impossible things before breakfast.”

– The White Queen to Alice in Lewis Carroll’s *Through the Looking Glass*

We won’t tackle six impossible things, but this year’s Knitting on the Coast retreat will tackle three projects that merely *seem* impossible:

1. Traveling stitches: cabling without a cable needle

2. Moebius knitting: knitting an object with two sides but one surface

3. Doubleknitting: knitting two fronts at the same time



Three impossible things (clockwise from top left):
Traveling stitch sample from Lisa Myer’s *Traveling Stitch*
Legwarmers; Cat Bordhi’s *Your First Moebius* by Melissa Harris; Eline Sander’s doubleknit Rainbow Scarf by Suzanne Curry.

Find info on patterns and required material at www.theagray.com/knitting/retreat_2010.html

The Schedule

Friday, September 24

5:30-6:00p Check-in and orientation

6:00-7:00p Dinner on site

7:00-9:00p TRAVELING STITCHES. This intro to

travelling stitches (*mini cables* or *twist stitches*) will allow you to cable without a cable needle!

Saturday, September 25

7:30-8:00a Optional morning meditation

8:00-9:00a Breakfast on site

9:30a-12:30p MOEBIUS KNITTING. The moebius

technique uses a variation of the invisible cast-on (useful for other projects, too) to make a

mind-bender of an object. We’ll start Cat Bordhi’s snugly *Your First Moebius*, which

can be either scarf or shawl depending on your gauge, from her *Second Treasury of Magical*

Knitting. Use some stash yarn!

12:30-1:30p Lunch on site

1:30-3:30p Optional birding hike (\$5 per person)

3:30-4:30p Optional afternoon yoga (price TBD)

5:00p Depart for dinner in town

8:00-10:00p A GOOD OL’ FASHIONED STITCH ‘N

BITCH, knitting clinic, and yarn swap! Bring projects to show and work on, plus a skein or

two from your yarn stash to swap. Bring your pesky bugaboos – maybe a swatch with

recurrent mistakes that you want to learn to fix.

Sunday, September 26

7:30-8:00a Optional morning meditation

8:00-9:00a Breakfast on site

9:00-12:30p Packing-up time and group photo

9:30a-12:30p DOUBLEKNITTING. Doubleknitting allows

you to knit two fronts of double-thickness stockinette fabric simultaneously and offers an

opportunity for practicing knitting two-handed, Continental and English, in the same row.

We’ll start Eline Sander’s nifty Rainbow Scarf.

12:30-1:30p Lunch on site and goodbyes

Afterwards

Noteworthy nearby yarn shops open on Sunday include *The Golden Fleece* and *The Swift*

Stitch in Santa Cruz & *Yarndogs* in Los Gatos.

Sign Up

The 2010 Knitting on the Coast retreat instruction

and facilities fee is \$175. Accommodation fees range from \$98 to \$276, and include 2 nights’ lodging, 2

breakfasts, 2 lunches, and 1 dinner. Saturday night’s dinner will be off-site and is *not* included in the fee.

To sign up: visit www.theagray.com/knitting where you can pay using PayPal, or mail this

completed form and a check written to *Thea Gray* to 371 Wawona St, SF, CA 94127.

Participants should be on site no later than 5:30 pm on Friday, September 24; driving directions will be provided.

Name

Address

City State Zip

Phone

Email

☐ Register me for the retreat:

\$175

Accommodation prices are per person and include 5 meals. Best efforts will be made to accommodate all lodging

requests. Individuals who wish to share but do not specify the roommate(s) will have one/them assigned.

My accommodation preference is:

☐ single guest room with twin

☐ guest room with 1 other person

☐ guest room with 3-4 other people

☐ yurt alone

☐ yurt with 1 other person

☐ my tent on a tent platform

☐ my tent shared with 1 other person

☐ I require a handicap-accessible accommodation.

☐ I want to share a room with the following, who will attend the retreat, named:

☐ I want to pay for a friend who won’t attend the retreat to share my room (add same accommodation fee).

named: \$

☐ Sign me up for birding hike: \$5

☐ I may want to take the yoga class (price TBD).

☐ I’d like information on how to schedule a massage.

☐ I’m interested in attending the free morning meditation.

Check number for TOTAL: \$