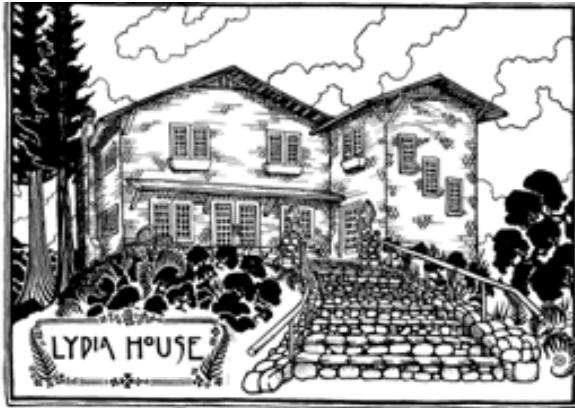


THE SETTING

Join us for a relaxing knitting getaway among the redwoods by the California coast!



This year's retreat will be the fifth held at St Dorothy's Rest, situated between the Russian River and Occidental in Camp Meeker, 1½ hours north of San Francisco.

We will be gathering in beautiful Lydia House, where students have the choice of a shared room or a limited number of private rooms. All rooms in this beautiful building exude simple Arts and Crafts charm and share clean, tidy baths. The meals are delicious, seasonal, and locally sourced.

During your free time, go on the birding hike, take a stroll in the woods, pop into Occidental, or just hang out and knit! Noteworthy nearby yarn shops to visit before or after the retreat include Bluebird in Sausalito, Balls & Skeins in Sebastapol, Cast Away in Santa Rosa, Knitterly in Petaluma, and ImagiKnit in San Francisco.



THE TEACHERS

The founder of Knitting on the Coast, **Thea Gray** (right, in photo below) loves sharing the joys of knitting. She began knitting almost 40 years ago and has been teaching knitting for more than a decade. Thea is known for her bountiful patience.

Thea creates a warm, welcoming environment, in which I feel very comfortable asking for clarification or repetition. She's a great listener, and creatively adjusts her teaching style to the needs of her students, depending on their level of experience.

— Jenny, designer

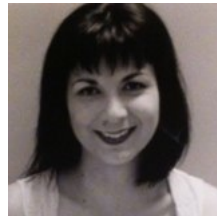
Not only is Thea a patient and thorough teacher, she's enthusiastic and skilled in many different knitting

techniques. She's helped me go beyond merely following patterns.

— Rachella, writer and editor



Mary Wisnewski (left, in photo above) spins, birds, and knits in the SF Bay Area. She has a bad habit of combining hobbies "in the field," which sometimes leads to muddy knitting projects and broken dpns. Find her on Ravelry as spinnity.



Rita Rodriguez has been making jewelry for more than 25 years. For this retreat, she's combining her love of jewelry-making and knitting into one super fun, easy project.



When **Bill Walker** isn't busy birding with Mary, he might be found taking photographs, knitting, or playing music. See his birding field notes and photos at birdwalker.com.

KNITTING ON THE COAST

2015 KNITTING RETREAT
AT ST DOROTHY'S REST
IN CAMP MEEKER, CA



THURSDAY TO SUNDAY,
SEPTEMBER 10-13, 2015

For more information, connect to:

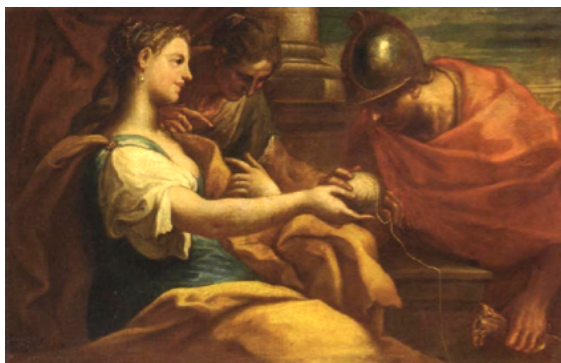
www.theagray.com/knitting
knitOrama on Ravelry
thea@theagray.com
415-794-4527

2105 RETREAT

Geared to advanced beginners and intermediate knitters, **Knitting on the Coast** retreats teach a variety of techniques in relaxed, supportive settings.

This year's theme is **get a clew**. The OED defines a clew as "a ball of yarn, etc, used to trace a path through a maze (as in the Greek myth of Theseus in the Labyrinth); a thing which guides through perplexity, a difficult investigation, an intricate structure, etc."

This year we'll help you find new ways to get where you want to be with your knitting.



Ariadne giving Theseus a clew
in Niccolò Bambini's painting *Ariadne and Theseus*.

As usual, the retreat will be punctuated with opportunities for participants to swap tips with other knitters, seek solitude, see some birds, or even dance your butt off—all amidst the beauty of the redwoods.

We hope you'll join us this September to enjoy:



Viking knit
bracelet



Garter plaid and
color theory



Yarns' essential
natures

Plus... fun and relaxing stitch 'n bitch gatherings with UFO help, a yarn swap, and a whole bunch of wonderful knitters.

THE SCHEDULE

Thursday, September 10

- 5:30PM **St Dorothy's Rest orientation**
6:00-7:00PM **Dinner and introductions**
7:00-9:00PM **STITCH 'N BITCH: SHOW AND TELL.**
Meet (or reconnect) with fellow retreat-goers and bring a knitted item for show and tell.
9:00-10:00PM **S'mores under the stars**

Friday, September 11

- 8:00-9:00AM **Breakfast**
10:00-11:00AM **Zumba.** A fun optional extra to get you moving more than just your needles.
12:30-1:30AM **Lunch**
2:00-5:00PM **VIKING KNIT.** Like nålebinding, Viking knit predates knitting by three centuries and has you pulling loops through loops without knitting needles. We'll use this ancient technique to make a beautiful silver bracelet.
6:00-7:00PM **Dinner**
7:00-9:00PM **STITCH 'N BITCH: THE MDs ARE IN.**
Bring a failing unfinished object (UFO) and we'll work to resuscitate it. Or just hang out to hear both cautionary and cheering tales of rescuing projects gone awry.

Saturday, September 12

- 8:00-9:00AM **Breakfast**
9:00-11:00AM **Birding hike**
12:30-1:30PM **Lunch**
2:00-5:00PM **WEAVING A WAY.** Using Franklin Habit's Plaid Collar as our point of origin, we'll weave our way through color theory and a deceptively difficult-looking plaid technique to create a lovely little coaster and maybe a more playful attitude toward color.
6:00-7:00PM **Dinner**
7:00-9:00PM **STITCH 'N BITCH: SWAP!** Tonight bring a thing or two (skein, tool, book, or other) to swap. And maybe enjoy an optional extra, a short massage from an on-site masseur.

Sunday, September 13

- 8:00-9:30AM **Breakfast followed by group photo**
10:00AM-noon **THE YARN WHISPERER.** In this short talk with samples, you'll learn to hear what yarns are telling you about what they want to be.
12:30-1:30PM **Lunch and goodbyes**
Afterward Visit a local yarn shop?

SIGN UP

The **2015 Knitting on the Coast** retreat instruction and facilities fee is \$245, which includes all fiber classes and the birding hike. There is a separate fee for the Viking knit materials. Accommodations fees are \$305 or \$355, depending on the type of room selected, and include 3 nights' lodging and 9 meals, from dinner Thursday through lunch on Sunday. The Zumba class is \$5 and the on-site massage is \$1 per minute; both can be paid on-site by cash or check.

More info, including required patterns and materials, is at www.theagray.com/knitting/retreat_2015.html.

To sign up: 1. Send an email to thea@theagray.com to hold a place **2.** Within a week, mail this completed form and a check to the address that will be provided in email.

Name			
Address			
City	State	ZIP	
Phone (pref mobile)			
Email			

Instruction and facilities fees: \$245

Accommodations (meals and lodging): \$

My lodging preference is:

- Guest room with 1 other person (\$305)
 Private room (4 available, \$355)

Viking knit materials fee: \$30

Check number: _____ for **TOTAL: \$**

Retreat registration requests

Best efforts will be made to accommodate all lodging requests; if requests cannot be met, prices will be adjusted accordingly. Individuals who do not specify a roommate will have one assigned.

I want to share a room with the following student:
.....

- Please make my meals vegetarian.
 Please make my meals vegan
 Other dietary request: